



### Benefit Options

Medical (PT=Part time)	Participant		w/Spouse/Partner		w/Child(ren)		w/Family	
	Unreduced rate	ARRA* Reduced rate	Unreduced rate	ARRA* Reduced rate	Unreduced rate	ARRA* Reduced rate	Unreduced rate	ARRA* Reduced rate
Kaiser	\$770.75	\$269.76	\$1032.81	\$361.48	\$886.37	\$310.22	\$1055.93	\$369.57
Kaiser PT	\$652.47	\$228.36	\$874.31	\$306.00	\$750.34	\$262.61	\$893.89	\$312.86
Kaiser Added Choice	\$815.37	\$285.37	\$1092.59	\$382.40	\$937.67	\$328.18	\$1117.05	\$390.96
Kaiser Added Choice PT	\$659.68	\$230.88	\$883.97	\$309.38	\$758.63	\$265.52	\$903.76	\$316.31
Regence	\$849.93	\$297.47	\$1138.77	\$398.56	\$977.36	\$342.06	\$1164.28	\$407.49
Regence PT	\$675.20	\$236.32	\$904.68	\$316.63	\$776.44	\$271.75	\$924.96	\$323.73
Providence Choice	\$764.97	\$267.73	\$1025.02	\$358.75	\$879.72	\$307.89	\$1047.99	\$366.79
Providence Choice PT	\$604.70	\$211.64	\$810.29	\$283.60	\$695.41	\$243.39	\$828.44	\$289.95
<b>Dental (PT=Part time)</b>								
Kaiser	\$71.20	\$24.92	\$95.41	\$33.39	\$81.88	\$28.65	\$97.54	\$34.13
Kaiser PT	\$53.07	\$18.57	\$71.11	\$24.88	\$61.03	\$21.36	\$72.71	\$25.44
ODS Preferred	\$69.74	\$24.40	\$93.46	\$32.71	\$80.20	\$28.07	\$95.55	\$33.44
ODS Traditional	\$75.50	\$26.42	\$101.18	\$35.41	\$86.83	\$30.39	\$103.44	\$36.20
ODS PT	\$54.33	\$19.01	\$72.81	\$25.48	\$62.48	\$21.86	\$74.44	\$26.05
Willamette Dental	\$76.24	\$26.68	\$102.16	\$35.75	\$87.68	\$30.68	\$104.45	\$36.55

\* American Recovery and Reinvestment Act of 2009

For Child Only rates, please call Benefithelp Solutions at:  
503-765-3581 or 800-556-3137