

Benefit Options

Medical (PT=Part time)	Participant		w/Spouse/Partner		w/Child(ren)		w/Family	
	Unreduced rate	Reduced rate	Unreduced rate	Reduced rate	Unreduced rate	Reduced rate	Unreduced rate	Reduced rate
Kaiser	\$851.76	\$298.11	\$1141.36	\$399.47	\$979.54	\$342.83	\$1166.92	\$408.42
Kaiser PT	\$721.06	\$252.37	\$966.23	\$338.18	\$829.21	\$290.22	\$987.85	\$345.74
Providence Statewide PPO	\$909.76	\$318.41	\$1218.93	\$426.62	\$1046.15	\$366.15	\$1246.24	\$436.18
Providence Statewide PPO PT	\$724.40	\$253.54	\$970.61	\$339.71	\$833.02	\$291.55	\$992.36	\$347.32
Providence Choice	\$786.89	\$275.41	\$1054.39	\$369.03	\$904.92	\$316.72	\$1078.02	\$377.30
Providence Choice PT	\$623.07	\$218.07	\$834.90	\$292.21	\$716.54	\$250.78	\$853.60	\$298.76
Dental (PT=Part time)								
Kaiser	\$73.79	\$25.82	\$98.88	\$34.60	\$84.86	\$29.70	\$101.09	\$35.38
Kaiser PT	\$55.00	\$19.25	\$73.70	\$25.79	\$63.25	\$22.13	\$75.36	\$26.37
ODS Preferred	\$72.74	\$25.45	\$97.48	\$34.11	\$83.65	\$29.27	\$99.67	\$34.88
ODS Traditional	\$78.75	\$27.56	\$105.53	\$36.93	\$90.56	\$31.69	\$107.89	\$37.76
ODS PT	\$56.67	\$19.83	\$75.93	\$26.57	\$65.17	\$22.80	\$77.64	\$27.17
Willamette Dental	\$76.72	\$26.85	\$102.82	\$35.98	\$88.24	\$30.88	\$105.11	\$36.78

* American Recovery and Reinvestment Act of 2009

For Child Only rates, please call Benefithelp Solutions at:
 503-765-3581 or 800-556-3137