



To help you determine how much money you should set aside for your FSA, use this worksheet to calculate your eligible expenses for the year.

Medical expenses not covered by insurance	
Deductibles, copays, co-insurance	\$
Prescription drugs	\$
Medical supplies (First Aid kit, diabetic supplies, etc.)	\$
Dental expenses not covered by insurance	
Checkups and cleanings	\$
Fillings, X-rays, crowns, bridges	\$
Dentures, inlays	\$
Orthodontia	\$
Vision and hearing expenses not covered by insurance	
Exams	\$
Prescription eyeglasses	\$
Contact lenses and cleaning solution	\$
Corrective eye surgery (LASIK, cataract, etc.)	\$
Hearing aids and batteries	\$
Total healthcare expenses	\$
Dependent care expenses	
Licensed day care, nursery or preschool	\$
Before and after school programs	\$
Summer day camps	\$
Total dependent care expenses	\$