Initial Notice Request

2961 (11/23)



PLEASE PRINT CLEARLY

Date			Request #		OF
То					
Fax			Phone number		
From					
Company					
Division					
Fax			Phone number		
Employee information					
First name			Last name		
Social Security number			Gender		Hire date
Mailing address		City		State	Zip
Tier coverage Please check the appropriate box					
☐ EE Employee Only	☐ ES Employee	+ Spouse	☐ EC Employee	+ Child	EF Employee + Family

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Return the completed form to BenefitHelp Solutions

Mail: BenefitHelp Solutions, P.O. Box 40584, Portland, OR 97240-0548 Fax: 503-765-3453 Email: cobraqe@benefithelpsolutions.com Questions? Contact BenefitHelp Solutions at 888-387-5440, Monday - Friday 7:30 a.m. to 5:30 p.m. PST.